



California Community College Athletic Association

## 2009 MEN'S WRESTLING STATE CHAMPIONSHIPS

### FACT SHEET

**Date:** Thursday, December 10, 2009 – Saturday, December 12, 2009

**Location:** **Chabot College**  
25555 Hesperian Blvd.  
Hayward, CA 94545  
Phone: (510) 723-6600

**Host Hotel:** **La Quinta Inn**  
20777 Hesperian Blvd.  
Hayward, CA 94541  
Phone: (510) 732-6300

Rates are as follows: **Single Rooms - \$69.00 + 11% tax**  
**Double Rooms - \$79.00 + 11% tax**

When you call let them know you are calling to reserve rooms for the CCC State Wrestling Championships being held at Chabot College on Dec. 10 – 12.

Rates also include breakfast. Forty (40) rooms have been blocked off for the State Championships. Cancellations must be made no later than Dec.7.

**Schedule:**

Thursday, December 10	1:00 p.m. – 6:00 p.m. – <b>Registration</b> 2:00 p.m. – 5:00 p.m. – Open Gym (Workout) 5:00 p.m. – 6:00 p.m. – Medical and Groom Check 8:00 p.m. – 10:00 p.m. – Banquet (Café Taipei)
Friday, December 11	8:00 a.m. – Completion – <b>Weigh-in</b> 10:00 a.m. – Completion – <b>Wrestling Session 1</b> 1:30 p.m. – 2:30 p.m. – General Coaches Meeting (Room: 2642) 4:00 p.m. – To Completion – <b>Wrestling Session 2</b>
Saturday, December 12	9:00 a.m. – <b>Weigh-in</b> 10:00 a.m. – To Completion – <b>Wrestling Session 3</b> <b>6:00 p.m. – 7:00 p.m. - Finals Ceremony</b> 7:00 p.m. – To Completion – Finals & Awards

**Weigh-ins:** 8:00 a.m. on Friday & 9:00 a.m. on Saturday  
All wrestlers will weigh-in in accordance to current NCAA rules. All doors will be secured at 8:00 a.m., any wrestlers not in the room **WILL BE DISQUALIFIED**.

**Weight Classes:** 125, 133, 141, 149, 157, 165, 174, 184, 197, 285.  
On the second of competition wrestlers will receive one (1) pound weight allowance per NCAA rules.

**Seeding:** See CCCAA Wrestling Championship Handbook 2.2, 2.3, 2.4 (page 8-10)

**Entry fee:** **\$35.00 per student-athlete.**  
Make checks payable to: Chabot College Wrestling

**Awards:** Team Awards for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place  
Individual Awards for 8 places in each weight class  
Outstanding Wrestler Award

**Tickets:** \$12.00 All Session Pass  
Each Session:  
\$8.00 adults  
\$5.00 students (with I.D.) & seniors

**Event Manager:** Zack Papachristos  
Phone: (510) 723-7481  
Email: [zpapachristos@chabotcollege.edu](mailto:zpapachristos@chabotcollege.edu)

**Host Head Coach:** Steve Siroy  
Phone: (510) 723-6934 or (510) 331-1903 (cell)  
Email: [ssiroy@chabotcollege.edu](mailto:ssiroy@chabotcollege.edu)

**Coaches Social:** **Grand Taipei Restaurant.** Across the street from Chabot College (Dec. 7 @ 8:00 pm).

# GAME OPERATIONS

## Game Management Operations:

Please direct questions or concerns to the Athletic Director:

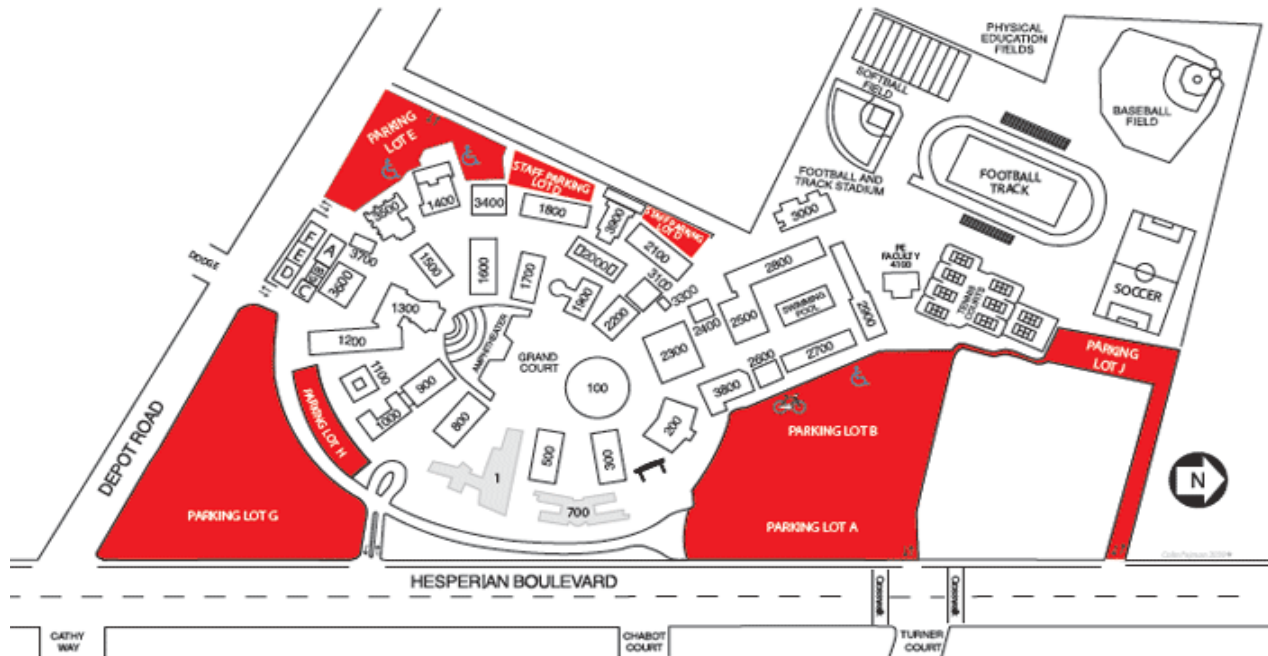
Don Queyrel @ (510) 723-6963 or [dqueyrel@chabotcollege.edu](mailto:dqueyrel@chabotcollege.edu)

## Parking:

Team may unload by the Student Parking lot B off Hesperian Blvd. Spectators may use the general student parking area.

Parking permits are \$2.00 and machines are located throughout the parking lots. **Parking regulations are strictly enforced.**

## CHABOT COLLEGE MAP



## RESTAURANTS

1. **Jack in the Box:** 25198 Hesperian Blvd, Hayward, CA 94545, Phone 510-786-3449
2. **Celias Restaurant:** 25010 Hesperian Blvd, Hayward, CA 94545, Phone 510-782-2235
3. **Café Vasiliki:** 25202 Hesperian Blvd, Hayward, CA 94545, Phone 510-785-0184
4. **Subway Sub Shop:** 25040 Hesperian Blvd, Hayward, CA 94545, Phone 510-783-7327
5. **Marie Calendars :** 790 W. Winton Ave., Hayward, CA. 94545, Phone 510-783-4469
6. **Elephant Bar:** 24177 Southland Dr., Hayward, CA. 94545, Phone 510-266-0400
7. **Apple Bees:** 24041 Southland Dr., Hayward, CA 94545, Phone 510-782-1002
8. **Home Town Buffet:** 704 Southland Mall, Hayward, CA 94545, Phone 510-782-1200

## LOCAL ACCOMMODATIONS

1. **La Quinta Inn:** 20777 Hesperian Blvd, Hayward, CA 94541, Phone 510-732-6300 (Host Hotel)
2. **Crown Plaza Hotel:** 32083 Alvarado Niles Rd, Union City, CA 94587, Phone 510-489-2200 (\$86.99 + tax)
3. **Fairfield Inn:** 25921 Industrial Blvd., Hayward, CA 94545, Phone 510-782-5000 (\$84 + tax)

## EMERGENCY CARE

1. **Athletic Trainer:** Dan Miller, Phone 510-723-7455, Email: [dmiller@chabotcollege.edu](mailto:dmiller@chabotcollege.edu)
2. **St. Rose Hospital:** 27200 Calaroga Ave, Hayward, CA 94545, Phone 510-264-4000
3. **Kaiser Hospital:** 27400 Hesperian Blvd, Hayward, CA 94545, Phone 510-784-4000