

# 2009 All- Regional and All-State Players

## Northern California

2009 Regional Coach of the Year – Laurie Nash – Sacramento City College

### 2009 All-State Nor Cal Selections

- \* Taylor Lucero – Fresno City College
- \*\* Natasha Vinnikova – Sacramento City College
- \*\* Brittany Anderson – Foothill College
- Sarah Nichols – Butte College
- Ariane Logan – Cabrillo College
- Turea Jones – Santa Rosa Jr. College

### 2009 All-Regional Nor Cal Selections

- Briahna Romero – Gavilan College
- Rebecca Pate – Feather River College
- Emmie Moroski – Sacramento City College
- Keisha Leggs – San Joaquin Delta College
- Lauren Swetland – Shasta College
- Alexis Moser – Sierra College

## Southern California

2009 Regional Coach of the Year – Tammy Silva – Pasadena City College

### 2009 All-State So Cal Selections

- \* Kiley Tamblyn – El Camino College
- \* Briana Fields – Orange Coast College
- \*\* Giajaida Vargas – Cypress College
- Maria Mayer – Santa Barbara City College
- Patricia Blasco – Pasadena City College
- Jessica Xu – Pasadena City College

### 2009 All-Regional So Cal Selections

- Ashley Marroquin – Antelope Valley College
- Monique Gayton – Cerritos College
- Marina Samoa – Cypress College
- Allie Hammer – Irvine Valley College
- Shelley Morton – Palomar College
- Amanda Vialpando – Riverside College

\* AVCA All American – 1<sup>st</sup> Team

\*\* AVCA All American – 2<sup>nd</sup> Team